

Tea Time Management

My Cup Runneth Over!!



Biblical Basis

“Be very careful, then how you live~ not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish but understand what the Lord’s will is.” Ephesians 5:15-17

Time Tips



IDENTIFY

- Roles, Jobs, Dreams & Goals
- Attitude towards time
- Where your time is going

PRIORITIZE

- Accept your limitations
- Priorities
- To Do List

SHIFT FOCUS

- Organize
- Delegate/ Hire-out
- Multi-task

GET MOTIVATED

- Fight perfectionism
- Get Help
- REWARD Yourself



Kathy Firkins inspires, equips and trains women (and those who live, work or worship with them) to be confident, efficient and purposeful women God created them to be!

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